

## LOCAL EVENTS CALENDAR

### Annual Festival of Trees

November 21<sup>st</sup> to 29<sup>th</sup>

Civic Centre

[www.spiritofthenorth.bc.ca](http://www.spiritofthenorth.bc.ca)

### Mining the Soul Christmas

Rita MacNeil w/ The Men of the Deeps

Thursday November 26<sup>th</sup> 6:00pm

CN Centre

[www.ticketmaster.ca](http://www.ticketmaster.ca)

### Winemaker's Dinner

Friday November 27<sup>th</sup> 6:00pm

UNBC Admin Building Atrium

[www.unbc.ca](http://www.unbc.ca)

### A Fair Trade Christmas

November 27<sup>th</sup> & 28<sup>th</sup> 10:00am to 4:00pm

UNBC Winter Garden

[www.unbc.ca](http://www.unbc.ca)

### Fifties Dance w/ Cousin Harley

Fri & Sat December 4<sup>th</sup> & 5<sup>th</sup> \$25

The Legion

[www.zazootbc.com](http://www.zazootbc.com)

### Blackburn Craft Fair

Sat & Sun December 5<sup>th</sup> & 6<sup>th</sup>

Blackburn Community Centre

963.3292 for more information

### Snowshoeing at the Ancient Forest

Sat December 19<sup>th</sup> 5:00pm to 9:00pm

Outdoor Life Adventures

250.553.6889 for more information

### Celebration of Lights

Fri December 18<sup>th</sup> to Thur December 24<sup>th</sup>

PG Railway & Forestry Museum

563.7351

## *mobility in motion*

**EXTENDED TO DECEMBER 31st!**

(formerly known as Senior Wellness)

### Mobility In Motion

(MiM) has been extended from November through to the end of December! Call us today and book now!

Save 20% on your pet's health and wellness profile! You'll also receive a free bag of MediCal or Hill's pet food as recommended by the doctor!

MiM provides your pet with diagnostic testing including ECG, blood work and urinalysis to rule out such conditions as diabetes, endocrine disease, liver and kidney disease, heart abnormalities, urinary problems and more.

If your pet is over 7yrs of age, s/he may already be affected by such conditions associated with the aging process.

Dogs & cats age much quicker than humans, developing from puberty to adulthood in only 24 months.

Factors that may affect your pet's lifespan include disease (vital organs are prone to wear); nutrition; environment (indoor/outdoor) and physical condition (such as anorexia/obesity) etc.

As pets age they may gain weight; lose lean muscle; experience vision/hearing loss; skin/ coat changes; dehydration; loss of scent; heart/lung/kidney problems; behavioral changes; gum/tooth disease; musculoskeletal and endocrine disease and heat/cold intolerance.

Wellness exams, laboratory tests etc help reveal dental disease, arthritis, heart murmurs, elevated liver/kidney enzymes, urinary problems and diabetes as well as hyperthyroidism in cats.



Congratulations to Rob and Linda Kershaw who won the grand prize draw during Equine Dental Health Month in September! We look forward to seeing everyone back again next year and are grateful to our dedicated clients and excellent reps for all of their support! Our goal was to make 24 horses more comfortable before winter and we ended up assisting 43!

Grand prize: Merial beach kit including a bag with beach towel, sunscreen/bug shield, lip protector, Frisbee and Eqvalan hat as well as a set of Oscar brushes including a stiff groomer, soft groomer, fine and coarse curry combs and a hoof pick ☺

## PREPARING FOR A WHITE WINTER & CHRISTMAS TINSEL

**PUT A ROOF OVER ME...** Animals need a place to go to get out of the cold and wind that is large enough to lie down in and small enough to hold body heat. Pastures should have adequate shelter, situated away from cold northern winds.

**FILL MY BELLY UP...** Pets must have free access to fresh water and ample food in order to prevent dehydration, aid in digestion and keep the body warm during the cold season.

**PUT HARMFUL CHEMICALS AWAY...** Salt and ice melting substances can be irritating to dog/cat pads. Many winter chemicals can be extremely hazardous to pets (E.g.: propylene glycol antifreeze is a safer alternative and not harmful in small amounts if swallowed).

**START YOUR ENGINES...** Small animals in search of reprieve may crawl beneath a vehicle hood to find heat. Use caution

when turning on your engine. Animals travelling in an open truck box or horse trailer can receive instant frostbite due to blowing winds that cause temperatures to drop dangerously low.

**HUSTLE AND BUSTLE HOLIDAY SEASON...** The holidays tend to bring excitement and hours spent away from home! Your pets may feel stressed during this time as routine becomes unfamiliar. Anxiousness may also cause unwanted behaviors. Try to be patient and understanding ☺

**TINSEL TOWN...** Last year we surgically removed strands of ingested tinsel from a cat! Tinsel and pine needles will wreak havoc on intestines & may cause possible death. Beware of Poinsettia, mistletoe & holly (all poisonous) as well as small ingestible decorations. A kennel or other type of confinement when you're not at home is strongly recommended.

# What's Happenin at Murdoch Vet Clinic...

## november/december is mobility in motion month!

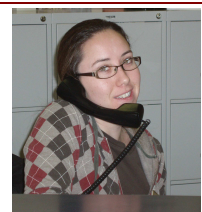
If your canine or feline companion is over the age of 7, book today and save 20% on a complete senior exam, blood work, urinalysis and ECG (electrocardiogram). Receive a free bag of MediCal food recommended specifically by the doctor for your special friend as well as a personalized wellness report! Their picture will also be featured in our December newsletter! See you soon ☺

## november is also diabetes awareness month!

Did you know cats and dogs can get diabetes too? The most common symptoms to look for include: 1. weakness or fatigue 2. increased hunger 3. frequent urination 4. excessive thirst & 5. sudden weight loss. If you recognize symptoms in your pet, contact us for an appointment!

## Manager's Message...

# welcome



Murdoch Veterinary Clinic welcomes Chandra as the newest member of our team! Chandra joined us in November as the Administrative Assistant and will be the smiling face you see when you walk through our door! Chandra has one horse, two dogs and two cats. She has lived in Buckhorn/Pineview for several years and looks forward to getting to know all of our wonderful clientele!

### What you might like to know about "ECG/EKG"

ECG, also known as EKG, stands for electrocardiogram. An ECG machine is used to record and graph electrical potentials produced by the heart muscle during different phases of the cardiac cycle. The cardiac cycle refers to all events related to blood flow/pressure that occur from the beginning of one heartbeat to the next. To simplify, an electrocardiogram reading measures the electrical activity of the heart during contraction (depolarization) and relaxation (repolarization). These measurements are printed out as a graph in the form of a "wave"

that the veterinarian uses to determine if there are any types of abnormalities. The graph provides information on heart rate and rhythm and may also suggest the presence of chamber enlargement, muscle disease and/or electrolyte imbalance. ECG readings are best used in conjunction with other tests such as diagnostic blood work and radiographs, to more effectively diagnose conditions like congestive heart failure. ECG's do not help predict whether or not your pet will survive anesthesia required for surgical procedures.

## HAVE YOU SEEN OUR RETAIL SECTION...?

Oatmeal and Aloe Shampoo great for dogs and horses  
Stain & Odor Remover remove those tough smells & spots  
Pill Poppers and Pill Pockets ease the administration of medication  
Small Animal Emergency Kits for safe travelling with your pet  
Horse Dewormer Quest Plus, Quest, Equalan, Panacur & more  
Leashes and Seat Belts for your pet's safety

MediCal Royal Canin and Hill's Prescription Diets  
Pawguard effective lanolin rub for dry, cracked paws & elbows ☺  
Hypoallergenic Dog Treats  
Toothbrushes, Toothpaste & Breathalyser  
Ear Cleaning Solution for those avid swimmers  
Toe Nail Trimmers & Bloodstop powder for those 'oops' trims



...IF WE DON'T HAVE WHAT YOU NEED ~ JUST ASK!

## CLOSED: Friday December 25th ~ Saturday December 26th Friday January 1st ~ Saturday January 2nd

DR. CHRISTINE MURDOCH, Owner & Veterinarian  
DR. JODYNE GREEN, Associate Veterinarian  
KELLY-ANNE H, Office Manager  
CHANDRA M, Administrative Assistant  
SHANNON C, Administrative Assistant  
KACIE H, Veterinary Assistant

KELLY M, Registered Animal Health Technician  
KRISTY J, Registered Animal Health Technician  
NAVKARAN B, Veterinary and Technician Assistant  
KAYDEN H, Kennel Attendant  
ALEXYS C, Kennel Attendant  
SHELDON G, Volunteer

DID YOU KNOW . . . THE ARTIC FOX IS MONOGOMOUS ☺ AND HAS AN AVERAGE LIFESPAN OF 10 TO 14 YEARS!